

CODE OF ETHICS



REPS India seeks an ethical advancement of the sport and fitness industry. REPS India will ensure that registered exercise professionals maintain ethical standards when practicing their profession. The REPS India Code of Ethics enables further protection to individuals seeking a healthy lifestyle and exercise instruction. It is expected that all exercise professionals maintain a high degree of professionalism and ethical behaviour. All REPS India registered exercise professionals agree to abide by this Code of Ethics

Professional Standards

The exercise professional will:

- Maintain their level of qualification and undergo continuing professional development activities
- Act in accordance with current knowledge and research
- Act within the boundaries of their qualification and registration level
- On request provide details of their qualifications, experience and registration level to participants
- Recognise when to refer a participant to somebody else e.g. a medical professional
- Project an image of professionalism and good health
- Understand legal responsibilities and accountability as an exercise professional
- Accept responsibility for professional decisions

Relationships

The exercise professional will:

- Act with integrity as an exercise professional
- Promote the welfare and best interests of participants
- Ensure clarity, honesty and accuracy in all communications with participants and others
- Avoid inappropriate behaviour in relations with participants while working as an exercise professional

Respect and Transparency

The exercise professional will:

- Respect individual difference and diversity
- Treat everyone equitably and sensitively within the context of their activity and ability – regardless of age, disability, gender and ethnic background
- Challenge any form of discrimination against a participant
- Keep clear records of dealings with participants
- Respect and preserve confidential information relating to participants in terms of personal, social, health, and fitness information

- Only disclose information to other professionals that is necessary and with permission of the participant
- Inform participants transparently of any financial costs related to activity
- Ensure relationships between registered professionals and their clients should be based on documented, contractual arrangements which are clear, transparent and unambiguous. These contracts serve as protection to clients and REPS India professionals in case of dispute.

Safety

The exercise professional will:

- Maintain the safety of participants
- Not advocate or condone the use performance enhancing substances
- Identify and respect the physical limits of ability of participant
- Show a duty of care and deal with accidents and emergencies appropriately
- Ensure participants have prepared adequately for activity

General

The exercise professional will:

- Not do anything that brings themselves, another fitness professional, a fitness centre, REPS India, or the fitness industry in to disrepute
- Ensure advertising of services is truthful, inoffensive and does not make claims that can not be supported

Any individual who believes a registered exercise professional is in breach of this Code can make a complaint to REPS India, cases may be referred to a REPS India disciplinary committee. In the event that REPS India shall find a registered professional in breach of the Code of Ethics disciplinary action may be taken, sanctions may include suspension or termination of REPS India membership, and a reprimand or formal warning